



Physical Education at St Nicholas CE First School

Physical Education



Motor Competence

- The recall of learnt key teaching points for successfully completing a movement/skill/task.
- How well, safely and accurately movements/skills/tasks are completed.



Rules, Strategies, and Tactics

- The recall of any applicable rules, strategies or tactics that have been taught.
- How well learnt rules, strategies and tactics are demonstrated in an activity



Knowledge in Healthy Participation

- The recall of learnt key points for healthy participation, including what to do to improve.
- How well demonstrated are learnt safety practices when participating.



Head

The Thinker

Confident
Creative
Decision maker
Deep understanding



Hands

The Physical

Physically active
Physical growth
Physical competency
Competitive



Heart

The Behaviour Changer

Social and emotional development
Character and values
Healthy active lifestyle
Involved and engaged



Health