



PSHE

Whole-School Overview

	Autumn		Spring		Summer	
	Me and My School	Happy and Healthy Me	Me and My Safety	Me and My Relationships	Me and Other People	Me in the World
Year 1	Class rules School Council - Making choices - Compromise - Skills of a representative - Own skills in relation to School Council - Class meetings	My body - Parts of the body - Changing needs - Influences on health and wellbeing - Likes and dislikes - Consequences of choices - Emotional health	- Medicines - Identifying risks and ways to stop accidents happening - People who help us - Road safety – keeping safe near the road and in the car - Sun safety	- Valuing themselves - Family – different types - Friendship skills - Good and bad friendships - Making choices	- My identity - Groups belong to - Bullying	Pets and animals - Likes and dislikes - Right and wrong - Needs of animals - Fair and unfair - Human needs
Year 2	Class rules - Why have rules School Council - How it works - Role of a representative - Class council meeting Feelings - Name feelings - Dealing with feelings including negative ones	- Body parts - Personal hygiene - Spread of germs and diseases - Balanced diet - Healthy lunchbox	Safe and unsafe:- - Things e.g. medicines and household substances - Places e.g. roads - Calling emergency services - People i.e. safe and unsafe touches, feeling comfortable/uncomfortable, secrets and surprises - Sun safety	- Working together - Behaviour and impact on others - Resolving conflict - Teasing and bullying - Changing relationships	- Similarities and differences between boys and girls - Different types of families - Race and religion	Local area - Positive and negatives of the local area - Discussion - Role in improving area Money - Sources of money - Uses of money - Keeping money safe - Making choices - Fundraising event



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Year 3	- Class rules - New challenges - Valuing themselves - School Council	- Differences between boys and girls (physical, emotional and social) - Balanced diet - Impact of healthy diet - Making choices - Personal hygiene	- What is risk - Road Safety - Medicines - Pressure - Safe and unsafe touches	- Families - What makes a good friend - Falling out - Physical contact – acceptable and not acceptable	- My identity - My community – school and local - Similarities and differences in community	- Managing money - Good value - Resource allocation
Year 4	- Class rules - Role of School Council rep - Jobs on the School Council - Class council - Local Council	- What keeps me healthy? - What can make me ill – bacteria and viruses - Allergies - Drugs – medicines and Tobacco - Good and bad habits - Introduction to puberty – what do children think they'll look like when they're older?	- Safety in school - Responsibilities for my safety and the safety of others - E safety	- Feelings of other people - Developing relationships - Different types of relationships - Puberty - Safe and unsafe touches - Loss and change - Violence in relationships	- Similarities and differences - Communities including Britain - Respect and tolerance	- Rights and responsibilities - Rights of the Child - Jobs and duties - Managing Money