

## PE Curriculum

- The school timetable allows every child to have 2 hours of PE a week.
- Pupils all develop the fundamental skills in PE that can be transferred across the different areas of PE.
- All staff teach their own PE lessons using their pedagogical expertise and feel confident in doing so.
- Assessment is embedded within PE lessons and contributes to a well-planned and well matched curriculum which is responsive to pupil needs.
- Children access physical opportunities that lay foundations for future active lifestyles.

## Health

- All pupils, staff and parents are aware of health recommendation and take collective responsibility for the health and wellbeing needs of all learners.
- Children make healthy food choices and support their families in doing so.
- Reduced instances of childhood obesity as a result of the school signposting services and support.

## Wider Opportunities and Out of School Hours Learning

- All pupils have the opportunity to take part in wider opportunities for sport.
- KS2 pupils all experience an Outdoor and Adventurous residential visit.
- Children try out new and different sports signposted by the school.
- Club links support children in accessing out of school exercise.
- Finance is not a barrier to pupils participation in sport.
- Wraparound care facility promotes continued physical activity and good health as part of school commitment to Active Schools.

## St Nicholas CE First School 2020 Vision for Physical Education



## Competition

- All pupils take part in more than one intra-school competition
- All pupils have the opportunity to take part in inter-school events and competitions.
- All pupils will learn the Olympic values and have the opportunity to apply these in a sporting context.
- All children will learn about competing with others and against themselves (personal bests).

## All pupils leaving St Nicholas will...

- Access 60 minutes of physical activity every day and enjoy doing so.
- Have all the key skills in PE and know how and when to apply them.
- Have a lifelong learning passion for a form of physical activity and know the benefits of sustaining this.
- Have had a positive and memorable experience (trips, residential, competitions etc)
- Have an opportunity to compete.
- Experience a range of physical activities and sports.
- Support one another in physical activity and celebrate achievements of all.

## Facilities and equipment

- Outdoor spaces will provide opportunities for high quality physical activity as well as sports for children at all stages.
- Equipment will be maintained, upgraded and replenished as required for all sports regularly taught.
- Playground markings will inspire children to use them and be active.
- Facilities and equipment will be safe and support access to high quality physical activity.